

1995 Section 8AA Girls Championship at MSU, Moorhead on Saturday, June 3rd

Teams: Alexandria 86, Rocori 86, Sauk Rapids 86, Elk River 68, Brainerd 67, Moorhead 55.5, Bemidji 54, St Cloud Apollo 47, Thief River Falls 44, Detroit Lakes 30.5, St Cloud Tech 19, Little Falls 9, Sauk Rapids 5.

100

- 1 Sarah Mishmash, ER 12.82
- 2 Noel Green, Alex 13.23
- 3 Baustian, Alex
- 4 Rajkowski, SR
- 5 Fiersk, SR
- 6 Green, Apo
- 7 Michels, ER
- 8 Marta Maxwell, Bem

200

- 1 Sarah Mishmash, ER 26.69
- 2 Dede Chisholm, ER 27.18
- 3 Swanson, Brd
- 4 Rajkowski, SR
- 5 Goldenstein, Apo
- 6 Johnson, Mhs
- 7 Gray, Brd
- 8 Bierschbach, Apo

400

- 1 Jayna Mathieu, Brad 59.95
- 2 Karly Rusness, DL 61.45
- 3 Koenig, ER
- 4 Fernholz, SR
- 5 Stang, Roc
- 6 Siever, Brd
- 7 Gray, Brd
- 8 Bugge, TRF

800

- 1 Lisa Swanson, TRF 2:20.14
- 2 Nicky Hall, SR 2:21.44
- 3 Becky Mooney, TRF 2:21.64
- 4 Peterson, Tech
- 5 Howell, Alex
- 6 Jean Hemstad, Bem
- 7 Bjork, FF
- 8 Schmitz, Roc

1600

- 1 Katie Reif, Alex 5:21.30
- 2 Trisha Guenningsman, SR 5:22.15
- 3 Kremers, Apo
- 4 Conneran, Mhd
- 5 Ihle, TRF
- 6 Mueller, DL
- 7 Shannon, ER
- 8 Tanya Prince, Bem

3200

- 1 Kari Breitreus, Alex 12:02.79
- 2 Amanda Dockendorf, Roc 12:03.22
- 3 Guenningsman, SR
- 4 Conneran, Mhd
- 5 Ross, ER
- 6 Westrup, Roc
- 7 Laura Nordlund, Bem
- 8 Tanya Prince, Bem

100 Hurdles (33")

- 1 Holly Janson, Bem 15.28
- 2 Sara Grineski, Mhd 15.53
- 3 Mark, Apo
- 4 Fischbach, DL
- 5 Lutgen, Roc
- 6 Barstad, Mhd
- 7 Nelson, TRF
- 8 Fredrickson, DL

300 Hurdles (30")

- 1 Carrie Daniel, SR 45.66
- 2 Tonya Ashfeld, Roc 45.88
- 3 Holly Janson, Bem 45.96
- 4 Sara Grineski, Mhd 46.00
- 5 Gallagher, TRF
- 6 McAlpine, ER
- 7 Seaworth, DL
- 8 Eagles, SR

4x100 Relay

- 1 Elk River 49.84
- 2 Alexandria 50.09
- 3 Brainerd
- 4 Apollo
- 5 Moorhead
- 6 Sauk Rapids

4x200 Relay

- 1 Sauk Rapids 1:45.43
- 2 Rocori
- 3 Brainerd
- 4 Apollo
- 5 Moorhead
- 6 Thief River Falls
- 7 Bemidji
- 8 Alexandria

4x400 Relay

- 1 Brainerd 4:03.48
- 2 Rocori
- 3 Sauk Rapids
- 4 Alexandria
- 5 Moorhead
- 6 Bemidji
- 7 Thief River Falls
- 8 Tech

4x800 Relay

- 1 Rocori 9:41.11
- 2 Bemidji 9:45.57
- 3 Thief River Falls
- 4 Alexandria
- 5 Apollo
- 6 Tech
- 7 Elk River
- 8 Detroit Lakes

Shot Put

- 1 Teryl Townsend, Alex 37-1
- 2 Heather Eggert, ER 34-9.5
- 3 Hadland, Brd
- 4 Keller, Roc
- 5 Hammerdine, Roc
- 6 Specht, ER
- 7 Walter, DL
- 8 Natalya Simi, Tech

Discus Throw

- 1 Teryl Townsend, Alex 120-8
- 2 Natalya Simi, Tech 117-9
- 3 Skeim, TRF
- 4 Barb Lundberg, Bem
- 5 Thomsen, Apo
- 6 Taylor, FF
- 7 Insulman, SR
- 8 Meyer, LF

Long Jump

- 1 Nicky Rajkowski, SR 17-2.5
- 2 Molly Mark, Apo 16-9.75
- 3 Doeden, Mhd
- 4 Miller, Mhd
- 5 Kiewel, Brd
- 6 Huber, Apo
- 7 Rochelle Clark, Bem
- 8 LeVo, Tech

High Jump

- 1 Shannon Nelson, Brad 5-2
- 2 Judy Reiland, Roc 5-2
- t3 Misty Priebnow, Alex 5-2
- t3 Karley Runess, DL 5-2
- t5 Kai Gonsorowski, Mhd 5-2
- t5 Amanda Seim, Alex 5-2
- 7 Thompson, Apo
- 8 Seaworth, DL

Triple Jump

- 1 Sarah Brinker, Roc 36-8.75 **
- 2 Brianne Erpelding, LF 36-5.75
- 3 Marta Maxwell, Bem 36-6
- 4 Kelly Dolan, Roc 35-1
- 5 Rochelle Clark, Bem 35-0.25
- 6 Daniel, SR
- 7 Johnston, Brd
- 8 Keate, Apo

* Ties Meet Record

** New Meet Record

Notes: Three way tie for first in the team competition.